

# MAY 2024

## SENIOR HOT SPOT

### MONDAY-FRIDAY 7AM-6PM



**WALNUT RECREATION CENTER**  
 3075 N. WALNUT ROAD  
 LAS VEGAS, NEVADA 89115  
 FOR MORE INFO: 702-455-8402

SUN	MON	TUE	WED	THU	FRI	SAT
7AM- 10AM SENIOR BASKETBALL IN THE GYMNASIUM DAILY CLOSED 5/9-5/16	7AM- 2PM GAME ROOM OPEN DAILY FOR SENIORS	7AM- 10AM SENIOR WALKING CLUB DAILY IN THE GYMNASIUM CLOSED 5/9-5/16	1	2 MUST REGISTER FOR OUTING 10-1PM CINCO DE MAYO @ NEIGHBORHOOD REC. 10:30AM CHAIR YOGA FIT	3	4
5 CINCO DE MAYO	6	7 9AM LINE DANCING 10:30AM MINDFUL STRETCHING	8 11AM POWERSHIFT SEMINAR WITH NV ENERGY	9 10:30AM CHAIR YOGA FIT MUST REGISTER FOR OUTING 11-1PM COMMISSIONER MCCURDY'S MOTHER'S DAY BRUNCH	10 Norma Green's Celebration of Life 4pm in Senior Hot Spot	11
12 Happy Mother's Day	13	14 9AM LINE DANCING 10:30AM MINDFUL STRETCHING MUST REGISTER FOR OUTING 11-1PM CENTERWELL LUNCH & DIABETES HEALTH FAIR \$2 PER PERSON	15 12PM BINGO	16 10:30AM CHAIR YOGA FIT 1230PM MONTHLY MEETING 1:30PM MATINEE	17	18
19	20	21 9AM LINE DANCING 10:30AM MINDFUL STRETCHING	22 11:30AM BAGEL DAY	23 10:30AM CHAIR YOGA FIT	24	25
26 EARLY VOTING	27 CLOSED MEMORIAL DAY	28 9AM LINE DANCING 10:30AM MINDFUL STRETCHING	29 1PM BIRTHDAY SOCIAL 3PM UNR NUTRITION EDUCATION & FOOD DEMO	30	EARLY VOTING- SENIOR HOT SPOT MOVED TO ROOM C	

EARLY VOTING

CLOSED  
MEMORIAL DAY

EARLY VOTING- SENIOR HOT SPOT MOVED TO ROOM C 5/23 TO 6/12

**NO ANNUAL MEMBERSHIP FEE- SIGN UP TODAY!**